



# PERSONAL MISSION STATEMENTS

## Sara

"I want to help everyone have enough food to eat and make sure no one goes hungry."

### Learn About Hunger

Find out why some people don't have enough food. See what other people are doing to help.

### Make a Plan

Set clear goals, like how many people I want to help. Decide what actions to take to reach these goals.

### Work with Others

Team up with friends, groups, and organizations that want to help too. Talk to people in different places to understand their needs.

### Support Farmers

Take help from experts to guide farmers grow more food in a way that's good for the earth and use tools and ideas that reduce food waste.

### Improve Food Delivery

Find better ways to get food for people who need it. Fix problems like getting food to distant places.

## Ali

Ali wants to help make sure everyone has clean water and that our surroundings are clean and safe.

### Learn About Water & Surroundings

Ali can read books or watch videos about why clean water is important, how to keep it clean and what is making our surrounding dirty.

### Share the Knowledge

Ali can tell friends and family about the importance of not wasting water and keeping surroundings clean.

### Organize a Clean-Up

Ali can help clean up places around his home or school where trash might get into the water.



## Umar

Umar wants to reduce poverty in his surroundings.

### Learn About Poverty

Umar can read books or watch videos to understand why some people don't have enough money and what can be done to help them.

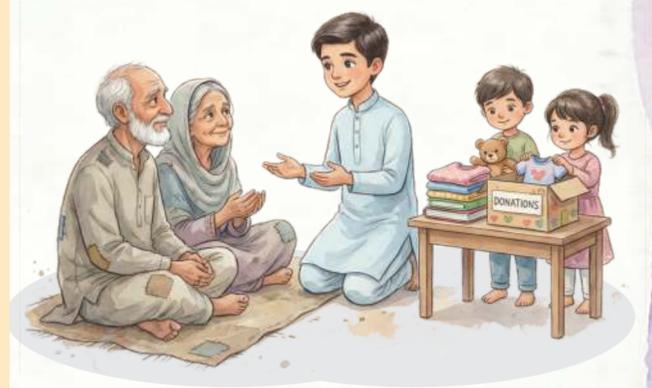
### Raise Awareness

Umar can talk to his friends and family about how important it is to help people in need.

### Collect Donations

Umar can talk to the needy people about how to earn money.

Umar can ask for gently used clothes, toys, or other items to donate to people who don't have enough.



# SHARING



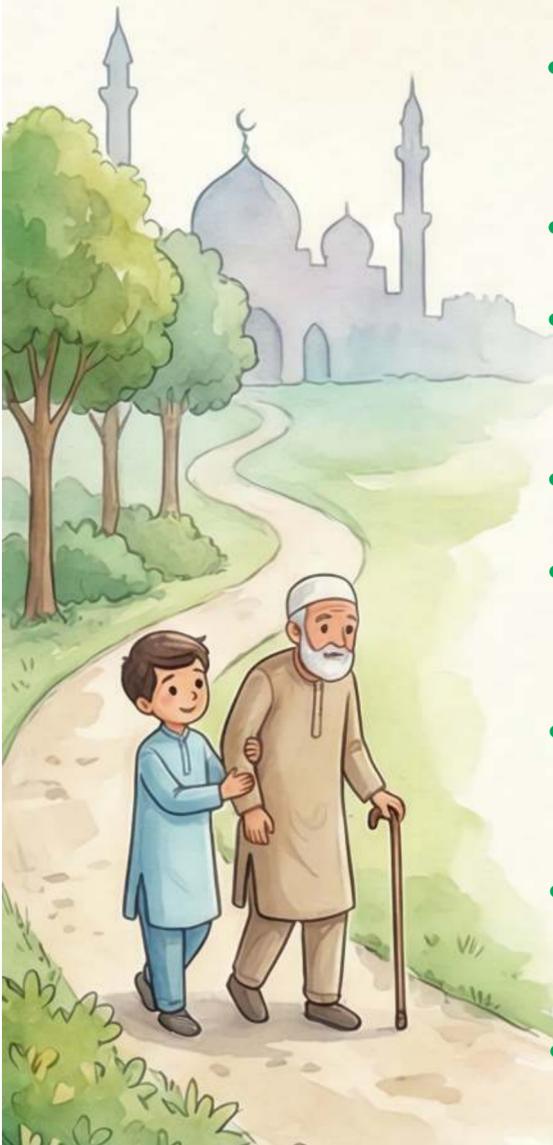
## What is sharing?

Sharing means to offer your things to others and be glad about it.

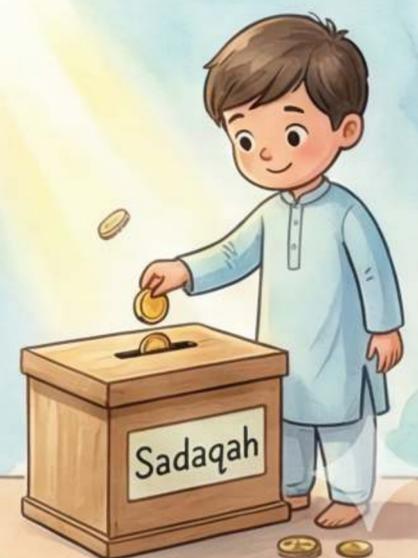


## MORE ABOUT SHARING

- When we share our belongings with others, it creates love and unity.
- We can share our belongings with those in need.
- We can share our knowledge with those who need to learn.
- We can share our time with those who need our help.
- We must share with all the needy people whether they are Muslims or non-Muslims.
- We receive double reward if we share with our relatives.
- Allah will reward us many times for every act of charity.
- Allah places barakah in the time and wealth of those who give charity.



**“It is better to give than to receive.”**



# FOUR STEPS OF SHARING

When you would like to have what another child has:

## Step 1

### Ask



Walk over to the child with the toys and ask **'Please may I play with these toys?'**

## Step 2

### Listen



Listen to the answer. The child will say **'Yes'** or **'No'**.

## Step 3

### Action



If saying **Yes**

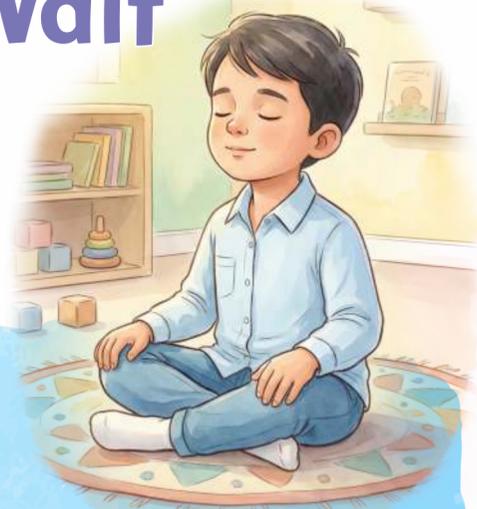


If saying **No**

If they say **'Yes'**, say **'Thankyou'** and let them pass you the toys. If they say **'No, not yet'**, say **'OK'** and play with something else for a while.

## Step 4

### Wait



While you are waiting for the toy, you can:

- take some deep breaths.
- talk to yourself:
- "I will have a turn, just not right now, I won't miss out."
- play with someone else like that.

# SHARING (POEM)

If you really want to show someone  
just how much you care.

The easiest thing to do,  
is to learn how to share.

Whether it's a toy or a book,  
or your favourite teddy bear.

It doesn't really matter,  
just as long as you play fair.



# COOPERATION



## What is Cooperation?

- Cooperation means working together and helping others.
- It also means willing to be helpful by doing what someone asks or wants.



## BENEFITS OF COOPERATION

You learn to play with others to achieve a common goal.



You learn to communicate properly.

You learn to take turns.



You learn from others.

You learn to help others.



You learn to accept others.

# COOPERATION IN NATURE



## Ants and Aphids

Ants protect tiny bugs called aphids, and in return, the aphids give ants a sweet juice to drink.



## Bees and Flowers

Bees visit flowers to get nectar (a sweet liquid) to make honey. While they do this, they help flowers make new seeds by moving pollen around.



## Cleaner Fish and Big Fish

Small fish called cleaner fish eat tiny bugs off bigger fish. The big fish get cleaned, and the cleaner fish gets a meal.



## Fungi and Plants

Tiny fungi live on plant roots and help them get water and nutrients from the soil. In return, the plants give the fungi some food.



## Clownfish and Sea Anemones

Clownfish live among the tentacles of sea anemones. The sea anemones protect the clownfish, and the clownfish help keep the sea anemones clean.

# HONESTY



## What is Honesty?

Honesty means doing the right things even when no one is looking at us.



## BENEFITS OF BEING HONEST



We learn to be fair.



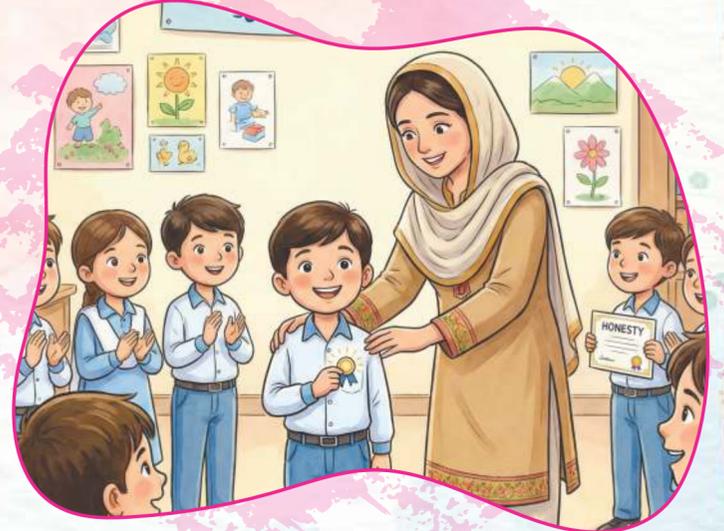
We learn to be obedient to Allah Almighty.



We do not deprive someone from their rights.



We get help to make new friends.



We enjoy good reputation.

# HOW TO BE HONEST?

1



Avoid behaviours that will make you feel guilty.

Always exercise fact.



2

3



Stop comparing yourself to others.

Avoid situations in which you'll have to lie to others.



4

5



Accept the consequences and decide to face them.

Do things that make you feel proud.



6

# SYMPATHY



## What is Sympathy?

- Sympathy means to help others.
- It means to support others.
- It means to understand.



## BENEFITS OF SYMPATHY



People start trusting us.



It brings peace in the society.



It helps us understand others.



It helps us develop strong relationships.

# COLLABORATION

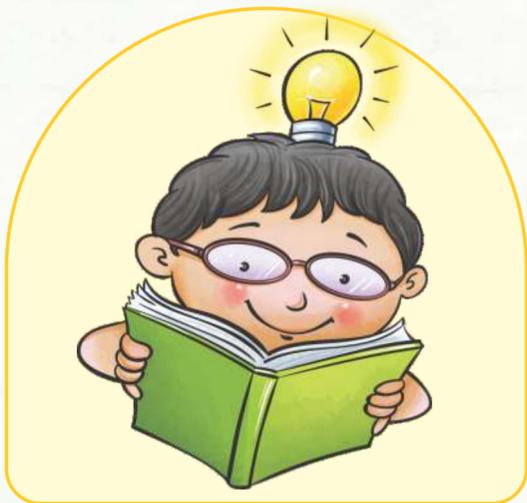


## What is Collaboration?

- Collaboration means to help one another to complete a task.



## BENEFITS OF COLLABORATION



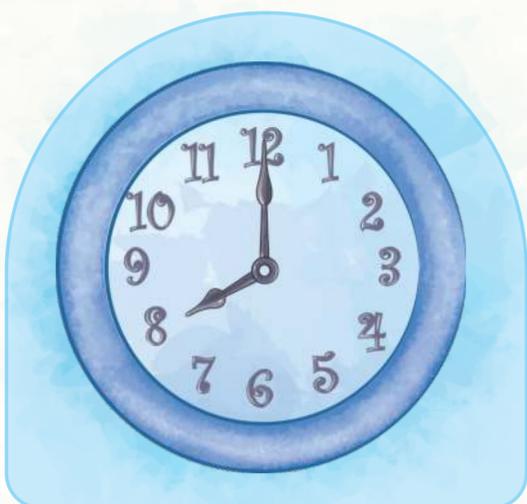
We get new ideas.



We learn new things.



It increases strength.



We save energy and time.



We have a better result.