

# THE WORLD AROUND US

## Step 1 for Playgroup

### CHAPTER # 1

Topic: My Religion

Time Required: 6 periods

#### Objectives:

To enable students to:

- Understand that Allah is one and He has created everything
- Learn the name of the last prophet
- Learn the name of the Holy Quran
- Learn how many times does a Muslim prayer
- Learn the use of Assalam-o-alaikum
- Learn the use of Tasmiyah

#### Methodology:

- The teacher will greet the students.
- She will ask them who mends their shoes, who stitches their clothes and who cut their hair etc.
- She will further ask them who grows food for them.
- She will extend the discussion and tell the students that some things have been made by the humans. But there is a long list of objects which are not made by humans. They are created by Allah Almighty. She will provide examples of rain, clouds, sun, water, air etc.
- She will tell them that Allah is one and we worship him. He has enabled the humans to do different creations. He is merciful and beneficent.
- She will show the picture of Ka'aba and introduce it as the house of Allah.
- She will tell them that the Muslims offer prayers with their faces towards the direction of Ka'ba.

- She will tell them to be thankful to Allah.
- She can involve them in making the model of Ka'aba.
- The teacher will tell the students that Allah Almighty created the universe and humans and to enable the humans to follow the right path, He sent the holy men. Our Holy Rasool (SAW) is the last Rasool sent by Allah.
- She will show the picture of Masjid Nabvi to them.
- She will help students in learning the answers of the questions given at page # 1 and 2 of the books.
- She will tell the students that Allah Almighty blessed the holy men and prophets with the holy books. The last holy book (Quran) was revealed to our Rasool (SAW).
- She will further tell them that in the Holy Quran, Allah Almighty has guided the humans about each and every aspect of our lives.
- She will ask them if they read the Holy Quran.
- She will introduce the concept of ablution (Wazou) and have the activity given on page # 3 of the book.
- She will help them to learn the question given at page # 3 of the book.
- She will ask them about Namaz.
- She will tell them that the Muslims turn to Allah and offer prayers five times a day.
- She will ask them if they have seen someone offering namaz.
- She will help them learn the question given at page # 4.
- She will help them designing a Jaay namaz.
- She will ask them how do they greet each other.
- She will introduce Assalam-o-alaikum with its meaning.
- She will have the activity given at page # 5.
- She will ask them how do they start their work.
- She will introduce Tasmiyah.
- She will introduce page # 6.
- She will help the students in learning Tasmiyah and the question given at page no. 6.



## CHAPTER # 2

Topic: All About Me

Time Required: 5 periods

### Objectives:

- To enable students to recognize themselves as boys or girls
- To enable students to tell their ages.
- To enable students to recognize different parts of their body.
- To enable students to express their learning orally.

### Methodology:

- The teacher will introduce herself to students by saying
  - My name is \_\_\_\_\_.
  - I am a woman.
  - I am 25 years old.
  - I work in a school
- She will introduce the words 'boys and girls' and help the students to describe themselves as a boy or a girl.
- She will introduce page # 7 and guide students to complete it.
- She will tell the students about her age.
- She will ask about their ages.
- She will introduce page # 8 and help them to complete it.
- The teacher will introduce her parts of body to students.
- She will encourage the students to repeat the names of the parts with her.
- She will name the part of the body and the students will touch that part.
- She will sing the poem (given at page # 9) to the students and ask them to sing it with her.
- She will introduce the questions given at page # 10) one by one and help the students to learn the answers.

## CHAPTER # 3

Topic: All About My Family

Time Required: 4 period

Objectives:

- To enable students to understand importance of a family.
- To enable students to introduce their families.
- To enable students to express their learning orally.

Methodology:

- The teacher will encourage students to tell with whom they live.
- She will tell them that people living together form a family.
- She will introduce her family and ask students to tell her about their families.
- She will ask them what do their family members do for them.
- She will tell them to take care of their families.
- She will draw a family tree on the board and invite few students to draw their family tree on the board.
- She will introduce page # 11 + 12 and help the students to recognize the pictures.
- She will introduce the questions given at page # 12 and help the students to learn the answers.

CHAPTER # 4

Topic: My School

Time Required: 4 periods

Objectives:

To enable students to:

- Know why they go to school
- Recognize the things associated with the school

**Methodology:**

- The teacher will greet the students
- She will ask them why do they come to school.
- She will ask them to name things they see in their school.
- She will introduce page # 14 and help them to learn the names of the objects shown on page # 14.
- She will ask them to name things they learn at school.
- She will introduce page # 14.
- She will help them in learning questions given on page # 14.

## CHAPTER # 5

Topic: City and Village

Time Required: 4 periods

### Objectives:

To enable students to:

- Understand the difference between a city and a village
- Understand neighbourhood

### Methodology:

- The teacher will greet the students.
- She will show them pictures of a city and village and ask them to find out the differences.
- She will tell them that city is a place with modern developments like tall buildings, bridges, airports, educational institutes, hospitals and means of transportation.
- She will tell them that a village is a place with many fields, cattles and mud houses. A village lacks modern developments.
- She will ask the students if they live in a village or a city.
- She will help them to go through page # 15, 16 and 17.
- She will help them to learn the questions given at page # 17.
- She can engage the students in model making of city and village.
- She will ask them about their homes and surroundings.
- She will ask them to name special places around them.
- She will ask them about their neighbourers.
- She will ask them how they help their neighbourers.
- She will help them to go through page # 18 of the book.

## CHAPTER # 6

Topic: Professions

Time Required: 4 periods

### Objectives:

To enable students to:

- Understand how different professionals help us
- Recognize different professionals.
- Recognize the place of work of different professionals.

### Methodology:

- The teacher will greet the students.
- She will ask them how to other people help them in leading a peaceful life.
- She will introduce her profession.
- She will tell them that different people do special work to help us and earn money.
- She will help them to go through page # 19 and 20.
- She will help them to recognize different professionals, understand their special work and recognize their work place.
- She will show the pictures of different professionals to them and ask them to name the professional and describe their special work.
- She will ask about their favourite profession.
- She will tell them to give respect to all professionals.
- She may have a professional day where the students can do the roleplay of different professionals.



## CHAPTER # 7

Topic: Transport

Time Required: 4 periods

### Objectives:

To enable students to:

- Recognize different means of transportation.
- Understand importance of traffic lights.

### Methodology:

- The teacher will greet the students.
- She will ask them how they come to school.
- She will introduce page # 21 and help them to recognize different means of transportation.
- She will help them in completing page # 22 and 23.
- She will help them to learn questions given on page # 23.
- She will encourage them to use blocks or playdough to make different means of transportation.
- She will ask them about the traffic lights.
- She will discuss the role of a traffic Sargent.
- She will introduce the poem given at page no. 24.
- She will help them to learn questions given on page # 24.

## CHAPTER # 8

Topic: My Country

Time Required: 4 periods

### Objectives:

To enable students to:

- Learn the names of their country.
- Recognize their flag and national heroes.

### Methodology:

- The teacher will greet the students.
- She will ask them how they look after their homes.
- She will ask them why should we take care of our homes.
- She will ask them about Pakistan.
- She will ask them should we take care of Pakistan.
- She will introduce page # 25. She will help them to do the activity.
- She will introduce page # 26.
- She will help them to learn the names of Quaid E Azam and Allama Iqbal.
- She will help them to learn questions given at page # 26.

## CHAPTER # 9

Topic: Good Behaviour

Time Required: 4 periods

### Objectives:

- To enable the students to understand to concept of good behaviour and helping others
- To enable them to use courtesy words
- To enable them to be respectful.
- To enable them to understand the term responsibility.

### Methodology:

- Greet the students.
- Ask them how should behave with others.
- Write the word “help” on the board in a bubble map. Ask students what does helping mean? Is there anyone who has ever helped them? Did they ever get a chance to help anyone? Give them 2 minutes and then record their answers in a bubble map.
  
- Ask students to name one way they have helped others. Have them share it with the class. Once done, have them open page no 27 + 28 of their books and look at the pictures carefully. Have students infer what the chapter is all about. Get responses from students.
- Conduct a short role play with the students emphasizing on the message in the chapter.
- Have students identify ways they can help others.
- Ask them what they do if someone helps them or gives them something.
- Ask what they do if they make a mistake.
- Help them to go through page # 29.
- Write the word “respect on the board in a bubble map. Ask students what are a few things that make them respectful? Ask them the importance of respect. Give them 2 minutes and then record their answers in a bubble map.”

- On the board, paste pictures of being respectful and disrespectful. Distribute green and red coloured sticky notes among them. Have them to the board and label respectful things with a green coloured paper and the disrespectful things with red coloured papers. One by one, discuss all the examples on the board and tell students how they can be respectful with different people.
- Conduct a short role play with the students emphasizing on the message in the chapter.
- Have students identify way to be respectful and ways to not be respectful.
- Let them go through page # 30.
- Help them in learning questions.
- Ask them if they respect their surroundings.
- Introduce page # 31.
- Let them complete the activity.
- Introduce the word responsibility.
- Share your responsibilities with them.
- Introduce page no.32.
- Help them in learning the questions given on page no. 32.

## CHAPTER # 10

Topic: Hygiene and Health

Time Required: 5 periods

### Objectives:

- To enable the students to understand the concepts of 'cleanliness' and 'hygiene'.
- To enable them to recognize the ways to keep themselves clean.
- To enable them to recognize healthy food
- To enable them to recognize unhealthy food.

### Methodology:

- Being with writing the word "cleanliness" on the board in a bubble map. Ask students what does being clean mean?
- Ask them about the importance of cleanliness and things they can do to keep themselves clean. Give them 2 minutes and then record their answers in a bubble map.
- Ask students to take out a piece of paper and draw one thing they do keep themselves clean. It can be brushing their teeth, taking a bath, etc. Have them share their responses with the class. Once done, have them open page # 33 and 34 of their books and look at the pictures carefully. Have students infer what the chapter is all about. Get responses from students.
- Conduct a short role play with the students emphasizing on the message in the chapter.
- Have students identify things that make them clean and a few things that make them dirty.
- Have them wash their hands according to the steps given on page # 33.
- Write the word "health food" on the board in a bubble map. Ask students what is healthy food?
- Ask them about the importance of eating healthy food. Give them 2 minutes and then record their answers in a bubble map.
- On the board, pastes picture of healthy and junk food. Distribute green and red coloured sticky noes among them. Have them go to the board and label the healthy foods with a green coloured paper and the junk food with red coloured papers. One by one discuss all

the examples on the board and tell students what makes certain things healthy or unhealthy.

- Conduct a short role play with the students emphasizing on the message in the chapter.
- Have students identify healthy and unhealthy food.
- Help them going through page # 35, 36, 37 and 38.
- Ask them how do they take care of their teeth.
- Invite them to go through page no. 39.
- Help them to learn questions given at page # 39.

## CHAPTER # 11

Topic: Animals

Time Required: 4 periods

### Objectives:

- To enable students to understand importance of animals.
- To enable them to recognize different kinds of animals.
- To enable them to name things we get from animals.

### Methodology:

- The teacher will ask students about their favourite food and source of that food.
- She will tell them that we get eggs, milk and meat from animals.
- She will ask students to name their favourite animals.
- She will tell them that some animals are helpful and useful for us but others are not.
- She will ask them to name animals that help us.
- She will tell students that animals that live in forests and do not help us are called wild animals whereas animals which live in our home are called pet animals. She will tell them that the animals we use to make our work easy are called tamed animals.
- She will ask them about their pets.
- She will tell students to be kind with animals.
- She will introduce invite them to go through page # 40 and 41.
- She will help them learning questions given at page # 41.

## CHAPTER # 12

Topic: Plants

Time Required: 4 periods

### Objectives:

- To enable students to understand importance of plants.
- To enable them to name things we get from plants.
- To them to take care of plants.

### Methodology:

- The teacher will ask students about their favourite food
- She will ask them about the source of food.
- She will tell them that we get food from animals or plants.
- She will ask them to look at her table and tell what it is made up of.
- She will tell them that it is made up of wood and wood comes from tress.
- She will ask them to tell where do different birds live. She will tell them that birds make their nests on trees.
- She will tell them that clean air is also provided by plants.
- She will talk about the shadows also.
- She will talk about big and small plants.
- She will ask do they have plants at home.
- She will ask them how they take care of the plants.
- The teacher will tell the students to take care of plants.
- The teacher will introduce page # 42 ad 43.
- She will help them to complete the activity and learn the questions given at page # 43.



## CHAPTER # 13

Topic: Seasons

Time Required: 4 periods

### Objectives:

- To enable the students to recognize different seasons

### Methodology:

- The teacher will greet the students.
- She will ask them when they wear warm clothes and when they enjoy cold drinks.
- She will introduce page # 44.
- She will help them to learn questions given at page # 44.
- She will help them to do activities given at page # 45.
- She will tell them to be thankful & Allah for blessing them with different seasons.

## CHAPTER # 14

Topic: Day and Night

Time Required: 3 periods

### Objectives:

- To enable the students to differentiate between the day and the night by.

### Methodology:

- The teacher will greet the students.
- She will take them out and ask them to name the things they can see at the sky.
- She will ask if they can see the same things at the night time.
- She will ask them when they can see moon and stars.
- She will ask them to go through page # 46 and 47.
- She will help them to learn questions given at page # 47.
- She will help them in doing activities given on page # 48 and 49.